

## Directions for completing the Implicit Association Test (IAT)

1. Go to the following website: <https://implicit.harvard.edu/implicit/>
2. In the box on the left-hand side, choose to “**continue as a guest by selecting a country below:**”
  - United States (English) will be the default.
  - Hit “**Go**”
3. Read the Preliminary Information provided.
  - If you would like more information, click on the hyperlink “general information about the IAT”
  - When ready, click on the hyperlink “**I wish to proceed**”
  - You may absolutely choose not to participate
4. For your first test, select the option listed at the top of the page: “**Weapons IAT**”
5. When ready, click on the hyperlink that says “**I am Ready to Begin**”, and then on the next page “**Click Here to Begin**”
6. Read the following directions. **Press the Space Bar** when you are ready to begin.

*In the next task, you will be presented with a set of words or images to classify into groups. This task requires that you classify items as quickly as you can while making as few mistakes as possible. Going too slow or making too many mistakes will result in an uninterpretable score. This part of the study will take about 5 minutes. The following is a list of category labels and the items that belong to each of those categories.*

Category	Items
<b>Black American</b>	Images of Black Americans
<b>White American</b>	Images of White Americans
<b>Weapons</b>	Images of Weapons
<b>Harmless Objects</b>	Images of Harmless Objects

- Keep your index fingers on the '**E**' and '**I**' keys to enable rapid response.
  - Two labels at the top will tell you which words or images go with each key.
  - Each word or image has a correct classification. Most of these are easy.
  - The test gives no results if you go slow -- **Please try to go as fast as possible.**
  - Expect to make a few mistakes because of going fast. That's OK.
  - For best results, avoid distractions and stay focused.
7. Follow the prompts on the screen and do your best to answer as quickly as possible
  8. After completing all sections of the timed test, you will be given information about your preference for Old or Young people and how strong the preference is. You will then be asked to fill out a little bit more demographic and evaluation information.
  9. When you submit your answers, you will then be given a little bit more detailed information about your preference **compared to other people who have taken the test.**

**After finishing the Weapons IAT, choose at least one more that you are interested in to take.**

**What are your reactions to the Implicit Association Test, and the results you received?**

**After taking the Implicit Association Test, keep a record of your own observations. Where do you see implicit bias? Have you had interactions where implicit bias seemed to be impacting the outcome? Do you notice your own unconscious biases being enacted?**